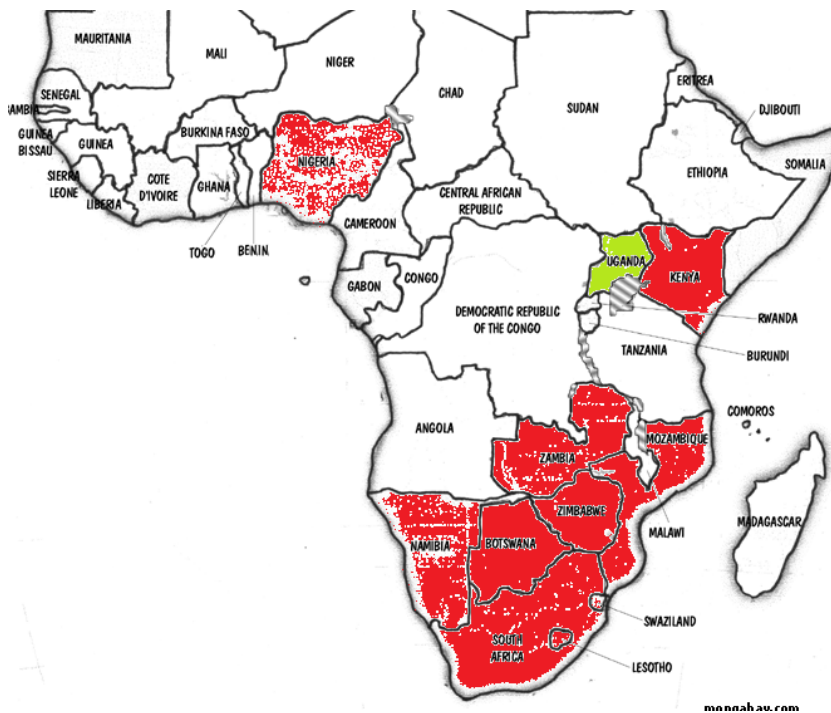


## Resuscitation Council of Southern Africa

2019



The RCSA currently has membership and provides training in 10 countries in the Southern African region. One country also makes use of the RCSA algorithms as their national standard, although currently not a member.

On the training front, we have 120 training centres, with just under 1000 instructors across the region. Over the last year we trained 37 001 students in formal training courses, using both AHA and local materials. We participated in the WRAH initiative, just over 10 000 people were involved in CPR demonstrations across the region. With a regional population of around 175 million people, we have a long way to go in terms of CPR training and awareness.

Of late there has been some questions around the ethics of CPR and whether it should be taught in low income settings where no defibrillation or ICU facilities are available. Various working groups from the African continent are working on this complex issue, but with the vast array of socio-economic settings this will prove a challenging task.

The RCSA will be engaging around updating its treatment algorithms for 2020, although we do not envisage any major changes. These algorithms are used as a standard of care and are copied into many local treatment and guideline manuals, as well as inclusion into 3 published textbooks.

2019 also saw the 30 year anniversary of the RCSA. We have had a variety of activities to celebrate this, culminating in a gala dinner in October.

The biggest focus for the RCSA team for the last year has been the planning of the ILCOR meeting in Cape Town this November. We would like to thank Bill Montgomery for his support and guidance leading up to this meeting. We would also like to thank ILCOR for coming to Cape Town.

Our EXCO team's term comes to an end this November, and as the outgoing chair would like to thank ILCOR and the AHA for the support given to us over the last few years. As one of the smaller councils we value the inclusivity and friendship offered from this valuable organisation.

